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Everest Base Camp Luxury Trek 16 Days

Highlights of Luxury Everest Base Camp Trek

Excursion of UNESCO World Heritage Site in Kathmandu which includes, Pashupatinath Temple, Swyambhunath Stupa, Boudhanath Stupa, and Patan Durbar Square.

Scenic flight from Kathmandu to the world's most extreme airport - Lukla Airport
Exploration of Sagarmatha National park and its diverse species of alpine flora and fauna as well as Sherpa culture

Best available local lodges during the trek

Exploration of the base camp of the world's highest mountain along with Khumbu icefall and glacier

A complete guide for Everest Base Camp Trek

Overview:

The Everest Base Camp Luxury Trek, one of the magnificent treks in the world, is an unparalleled opportunity to trek in the Himalayas. The Everest Base Camp Luxury trip also includes acclimatization and a cultural trek into the scenic Sherpa heartland of the Khumbu Valley. Another remarkable feature of the trip is the opportunity to stay at the finest local luxury lodges. Enjoy the magnificent scenery of the Himalayan range near the Khumbu region with four of the world's tallest peaks of Mt. Everest, Mt. Lhotse, Mt. Makalu, and Cho Oyu rising above everything in view.

Our Everest Base Camp Luxury trip begins with a sightseeing tour of the historical and cultural monuments in Kathmandu Pashupatinath Temple, Swyambhunath Stupa, Boudhanath Stupa, and Patan Durbar Square. Everest Base Camp Luxury Trek starts after your arrival in Lukla. You shall meet with your guide and porter(s) there. Further, it will be a steep ascent to Namche Bazaar, the capital of the Sherpas, where we are welcomed by spectacular mountain views. We continue our trek following the trail to a famous best view point, Kala Patthar, which offers a marvelous 360-degree panorama of the Himalayas. After achieving our target of Everest Base Camp, we trek back down to Lukla for a return flight to Kathmandu.

Need previous experience to Everest Base Camp Luxury Trek?

No previous experience of trekking is required but you should be fit and must enjoy walking and adaptable to high altitude conditions. Having a previous

experience is absolutely beneficial but it is not must to mandatory. All travelers need to be in good physical health in order to participate fully on this trip. We strongly advise you to prepare yourself for the trip by doing regular exercises, going on hiking, running or gym. The fitter you are, the more enjoyable you will find the experience of trekking. All our trip itinerary has been devised keeping every feature in mind and allows plenty time for acclimatization.

Best time to do Everest Base Camp Luxury Trek

March to May and September to November are considered the best time to make any trek in Nepal, including the Everest Base Camp Luxury Trek. During March to May, the lower elevation areas aren't too hot, and the high altitude areas aren't too cold, either. Similarly, the temperature during September to November is moderate.

Similar Trip with Everest Base Camp Luxury Trek:

Green Valley Nepal Treks offering Everest Base Camp Trip with several alternative way 14 Days Everest Base Camp Trek, 12 Days Everest Base Camp Trek, Luxury Everest Base Camp Trek Heli Return (Gorakshep to Lukla) & Luxury Everest Base camp Trek Heli Return to Kathmandu from Gorakshep.

Departure Date for Everest Base Camp Luxury Trek:

Green Valley Nepal Treks operate Everest Base Camp Luxury Trek every day (departure) even for single trekkers as private trip in the main trekking season. For group departure date please have a look on our departure date section.

Details Itinerary

Day 01: Arrival in Tribhuvan International Airport, Kathmandu

A representative from Green Valley Nepal Treks will pick you up from the airport as soon as you arrive and take to the hotel. After a few hours of rest in the hotel, the representative of Green Valley Nepal Treks tour operator & Tour guide will meet you and describe about day 2nd Kathmandu Valley Tour. After the pre-trip meeting, there will be a welcome dinner hosted by Green Valley Nepal Treks. For dinner, you will be served authentic Nepalese cuisine with cultural dance.

[Accommodation: 3 stars Hotel in Thamel](#)

[Altitude: 1300m \(4265ft\)](#)

[Meals: Welcome Dinner Included](#)

Day 02: A full day guided sightseeing tour around Kathmandu valley

After breakfast, your sightseeing trip will start. You will have a private vehicle and a professional tour guide for your sightseeing tour. You will visit the following sites.

Swyambunath Stupa - The Monkey Temple (World Heritage Site): You can watch over the valley from the top of a hillock on its western side. Swyambhu is also known as Samhengu and the Monkey temple because of the countless monkeys living on the premises.

Pashupatinath Temple (World Heritage Site): Pashupatinath Temple is one of the holiest Hindu temples in Nepal. It is located on the banks of Bagmati River on the eastern outskirts of Kathmandu. Pashupatinath is the most important temple dedicated to god Shiva.

Boudhanath Stupa: Boudhanath Stupa is 2500 years old Buddhist stupa in the Valley built in the 5th century with four pairs of eyes of Lord Buddha in four cardinal directions keeping an eternal watch over the people and their doings. You will find Buddhist pilgrims from Tibet going round the stupa spinning the prayer wheels.

Patan Durbar Square (World Heritage Site): Patan Durbar Square - located in central city Lalitpur. It displays the Newari architecture that had reached its pinnacle during the reign of Malla kings who were great builders and patrons of the arts.

After the sightseeing we will have pre-trip meeting we will describe whole trip how it will be going. However, if you arrive late at night the meeting will be held the next day after the Kathmandu city Tour. For the verification, Tourist Information, and documentation process, we required Copy of Passport, PP Size Photos 3 pics, and copy of traveler insurance.

[Accommodation: 3 stars Hotel in Thamel](#)

[Altitude: 1300m \(4265ft\)](#)

[Meals: Breakfast in Hotel](#)

Day 03: Fly to Lukla & Trek to Phakding: 35 min flight/3-4 hour trek

For Lukla flight from Kathmandu: Wake up around 5 am and drive to the domestic airport in Kathmandu for about 20 minutes and fly to Lukla (30 minutes). This flight will provide us with an extraordinary view of stunning mountain ranges and splendid mountain landscapes. After arriving at Lukla, you will meet our guide and he will give you brief details about the first day's trek, introduced with our assistants (porters) at the same time. After breakfast in Lukla, you will start your first-day trekking with an easy walk through Chaurikharka village, until we arrive in Phakding. One the way, we might encounter Dzho, Donkeys, and Yaks and we will pass all the rhododendron forest and few mini

villages. Since Phakding is a small village and rustic settlement is located in the Bank of Dudh Koshi river, we need to descend down from Lukla.

[Accommodation: Attach bathroom \(Guest Houses\)](#)

[Meals Included: Breakfast, Lunch & Dinner](#)

[Altitude: 2804m \(Lukla\), 2652m / 8698ft \(Phakding\)](#)

[Distance: 7.5 km](#)

Day 04: Trek from Phakding to Namche Bazaar: 6-7 Hours trek

You will continue trek along the banks of the Dudh Kosi, crossing the majestic river many times on exciting suspension bridges laden with prayer flags. After entering Sagamatha National Park, the trail climbs steeply with breathtaking views. Namche Bazaar is known as the Gateway to Everest, which is home to many quality restaurants, hotels, lodges, shops, money exchange, internet cafe and a bakery. Namche is one of the biggest villages along the whole Everest trail.

[Accommodation: Attach bathroom including electric blanket \(Guest Houses\)](#)

[Meals Included: Breakfast, Lunch & Dinner](#)

[Altitude: 3438m \(11280ft\)](#)

[Distance: 10.5 km](#)

Day 05: Acclimatization Day at Namche Bazaar

As we are already over 3438m so our body needs to adapt to the Himalayan atmosphere and climate. So, today we let our bodies acclimatize with the mountain environment. On this day, we will hike to Everest View Point, and later we will explore the Everest View Hotel. This hotel is regarded as the highest star hotel in the world, which lies in a 3880m altitude. From Everest View Hotel you could observe Everest, Lhotse, Ama Dablam, and many other beautiful mountains like Thamsenku, Kongde, Kusum Kanguru, and Nuptse. There is a small Airport- Syangboche Airport, on the head of Namche Bazaar, from where you can also capture the beautiful pictures of Namche. After return from the short hike you could visit to the Sherpa museum to learn more about the vibrant Sherpa culture and tradition. And the National Park museum offers information about Everest and related mountains, which lies just near the Sherpa Museum. After visit around you will have free time to explore around Namche or you could have rest in our Hotel.

[Accommodation: Attach bathroom including electric blanket \(Guest Houses\)](#)

[Meals Included: Breakfast, Lunch & Dinner](#)

[Altitude: 3438m \(11280ft\)](#)

Day 06: Namche Bazaar to Dibucho: 6-7 hrs

You should now be acclimatized. You should also be attuned to the Himalayas and Sherpa way of life. We now move closer to the Sagarmatha through its eponymous national park. Gladly Dudh Kosi would continue to enchant us on our way. The trail flattens after we get out of Naamche Bazaar. After about 6 kms the trail starts ascending. After about 3 kms more we would be at the at Tengboche monastery, the largest in the whole of Khumbu region. After visiting the monastery, we will continue downhill walk to the Dibuche village for overnight stay at a lodge.

[Accommodation: Attach bathroom including electric blanket \(Guest Houses\)](#)

[Meals Included: Breakfast, Lunch & Dinner](#)

[Altitude: 3734 \(12250ft\)](#)

[Distance: 10.5 km](#)

Day 07: Dibuche to Dingboche 4 to 5 hours

The morning view of the mountain panorama is outstanding and you can click the breath taking views of Kangtega range, Thamserku, Amadablam, Taboche, Kwangde, Tengboche, Lhotse and Nuptse. Our day begins along the trail through Imja Khola then to Tengboche where we descend to river bank, through the rhodedondron and birch forests. At Deboche we visit a Buddhist nunnery and cross few chortens to reach Pangboche where we can have a splendid view the wonderful mountains. One can easily notice the thinning vegetation on walking from upper Panboche to the dry and alpine terrain of Shomare. The apical ridge of Mt. Pumori can be viewed from Orsho then finally we reach the cold and windy village of Dingboche where we stay overnight.

[Accommodation: Attach bathroom \(no electric blanket\) \(Guest Houses\)](#)

[Meals Included: Breakfast, Lunch & Dinner](#)

[Altitude: 4410 m / 14469 ft](#)

[Distance: 9 km](#)

Day 07: Rest day at Dingboche (4260 m.) for acclimatization

There are some breathtaking views of the North face of Ama Dablam and the Lhotse-Nuptse ridge as you explore this beautiful valley that leads up to Island Peak. The walk is short with a good chance to relax in the afternoon. Another option is to hike up to Chhukung, where you can enjoy the panoramic view of Island peak, Ama Dablam, Makalu, Tawoche peak and others.

[Accommodation: Attach bathroom \(no electric blanket\) \(Guest Houses\)](#)

[Meals Included: Breakfast, Lunch & Dinner](#)

[Altitude: 4410 m / 14469 ft](#)

Day 08: Dingboche to Lhobuche (Italian Pyramid): 4-5 hrs

The trail goes slightly uphill till Thugla Pass then descends moderately up till Lobuche. You will see memorial stupa and pray flag hanging on the hill over the Thugla pass. The stupas were built in the memory of climbers who have lost their life during the expedition of Mt. Everest. You will get an opportunity to get the view of Tawache, Cholache, Ama Dablam, Thamserku, Pumari, Nuptse & Kusum kankaru mountains. The glacier ridge of Lobuche offers you the view of Everest base camp, Kala pattar, Khumbu glacier and moraines formed by glaciers. We will hike about 20 minutes further to reach our hotel Italian pyramid.

[Accommodation: Room with electric blanket \(no attach bathroom\)](#)

[Meals Included: Breakfast, Lunch & Dinner](#)

[Altitude: 4910 m / 16110 ft](#)

[Distance: 7.6 KM](#)

Day 09: Trek from Lobuche to Gorakshep (5150m) to Everest Base Camp (5364m), back to Gorakshep: 8-9 hrs

This is a big day for all the trekking enthusiasm who dreamed to trek to the base of the world's highest mountain. The initial trek will be comparatively easy, as we don't need to climb much uphill until Gorakshep. The trail will be rocky and craggy and walking along the Khumbu glacier until Base Camp. Almost, a 3 hour hike takes us to the Gorakshep above 5,000m and we will take rest for a few times including lunch before resuming our hike to base camp.

It will take another 3 hours trek in a rocky trail. The breathtaking view of Khumbu icefall, the tip of Everest, and glacier-covered with sky-touching mountains gives the extra charm to the base camp. If we are trekking during spring, we can meet 100s of climbers who are attempting to climb Everest and Lhotse. We came back to Gorakshep for the accommodation. Since we are at a higher altitude, proper diet, drink and rest are very important.

[Accommodation: Room with electric blanket \(no attach bathroom\)](#)

[Meals: Breakfast, Lunch & Dinner](#)

[Distance: 15 KM](#)

Day 10: Summit Kala Patthar and return trek to Phereche: 7-8 hours

We will leave for Kala Patthar sunrise trip early in the morning. It can take about 2 hours to reach Kala Patthar summit from Gorak Shep. Your efforts are rewarded by the truly glorious views of Mount Everest from really closer. After sunrise view from Kalapathar we will back to Gorakshep for breakfast. After packing resuming hike back to Phereche. We will walk from Kala Patthar to

Gorak Shep and then onwards another 11 km to Pheriche, at an altitude of 4240 m (13910 ft). Your body as whole would welcome the reversal in altitude.

[Accommodation: Attach Bathroom \(without electric blanket\)](#)

[Meals: Breakfast, Lunch & Dinner](#)

[Distance: 11 KM](#)

[Altitude: 5545 m / 18192 ft \(Kalapathar\) & 4240 m / 13910 ft \(Phereche\)](#)

Day 11: Trek from Pheriche to Namche (3440m): 6-7 Hours

The trail follows the Imja River again all the way to Tengboche. From Tengboche, we will move down towards Phungki Thanka, pass the Kyangjuma and reach Namche. It is a relaxing hike back and the sight of the landscape and the Himalayas can be enjoyed pleasantly. The villages are also lively with people and you can observe their customs and activities as you pass through.

[Accommodation: Attach Bathroom including electric blanket](#)

[Meals: Breakfast, Lunch & Dinner](#)

[Distance: 15 KM \(downhill\)](#)

[Altitude: 3440m](#)

Day 12: Namche to Lukla: 7-8 Hours

The hike back to Lukla follows a trail that moves steeply downwards and crosses a suspension bridge. Chortens, prayer flags, Mani-stone walls and small Gompas line the villages and the trail. The Dudh Koshi River gushes by and adds a beautiful ambiance to the natural setting. Open plains, pine and rhododendron forests as well as snow covered peaks decorate the beautiful picturesque settings. As we reach Lukla, we can just relax. In the evening, we may celebrate the victory of accomplishing the trek as well.

[Accommodation: Attach Bathroom \(without electric blanket\)](#)

[Meals: Breakfast, Lunch & Dinner](#)

[Distance: 18 to 19 KM \(downhill\)](#)

[Altitude: 2800m / 9184ft](#)

Day 14: Flight back to Kathmandu: 35 minutes

This is the day when the Mountain flight from Lukla to Kathmandu is enjoyed over once again. On reaching Kathmandu it is time to enjoy shopping and walking around the city. The evening is to celebrate for successful completion of the Everest Base Camp trip.

[Accommodation: 3 stars Hotel in Thamel](#)

[Altitude: 1300m \(4265ft\)](#)

[Meals: Breakfast & Farewell Dinner](#)

Day 15: Reserve day in Kathmandu

It's an extra day in Kathmandu just for contingency. Sometimes, things may not go as swiftly as intended. Sometimes flight delays/cancellations, poor weather, or ill health can cause a barrier to your journey. Hence, a contingency day on the trip will always be helpful. In case you finished the trek on time, you can use this day for resting or shopping in Kathmandu.

Accommodation: [3 stars Hotel in Thamel](#)

Altitude: 1300m (4265ft)

Meals: [Breakfast](#)

Day 16 Departure day (Farewell)

Today, fly home from Kathmandu or proceed with your travel to some different goals around the world. We will drop you at the air terminal three hours before your flight time. We trust you made some incredible memories with us. Thank you, have a safe journey home.

Meals: [Breakfast](#)

Trip Cost:

1 to 1 Person = US\$ 1495

2 to 6 on the group = 1375/person

7 to 10 on the group = US\$ 1200/person

Cost Inclusion

1. Pickup from Kathmandu international airport & transfer to Hotel
2. Twin sharing accommodation at 3 stars hotel in Kathmandu for 3 nights with breakfast
3. Guided Kathmandu valley sightseeing as mention on day 2 including tour guide
4. Flight ticket to Lukla from Kathmandu including airport transfer
5. Three times meals (B, L, D) on OPEN/CHOICE Menu during the trek
6. All required permits for trek (TIMS Card and Everest National Park)
7. Accommodation at Best available as mention on details itinerary part (but not chain of Yeti Mountain Home)
8. One English speaking professional trekking his food, accommodation, insurance, salary etc..
9. Flight ticket to Kathmandu from Lukla including pick up from domestic airport

10. Comprehensive first aid kit with high altitude medicines and oximeter to check oxygen level
11. Duffel bag, Sleeping bag and Down Jacket (Sleeping bag and down jacket must be returned after completion of trek)
12. Trek completion certificate (Upon request)
13. Group welcome dinner at Typical Nepalese Restaurant
14. Airport transfer for your final departure

Cost Exclusion

1. International airfare, Visa and travel insurance
2. Lunch & Dinner at Kathmandu
3. Extra night accommodation in Kathmandu or on trek for any reason (Early arrival or delay, early arrival from trek due to any reason)
4. Porter to carry your luggage during the trek (if you would like to take a porter you could choose on the booking option)
5. Personal expenses (wifi during the trek, extra meals, all kind of drinks, tips for the staffs etc..)
6. Entrance fees around sightseeing places on day 2nd (it will cost you about 3000 Nepali rupees)

Prepared By:

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